COMMUNITY

Page 2 –
DAC Hockey Program Continues Support Clark Park Youth Hockey

EL CENTRAL HISPANIC NEWS

Michigan's #1, Oldest, Largest and Only Bilingual Hispanic News • Free! ¡Gratis! • Vol. 35, #17 • **February 29, 2024**

SPORTS

Page 10 –
Pro Boxing Event at Wayne State!!!

Detroit Future City publica el informe:
Manteniendo su casa familiar

Detroit Future City (DFC) publicó "Mantenga a su familia en casa: un acercamiento a los desafíos de las propiedades heredadas en Detroit". Este informe fue desarrollado para comprender los retos relacionados con la herencia de casas en Detroit, para preservar la familia, riqueza y estabilidad.

Las propiedades de los herederos, definidas como propiedades familiares heredadas de generación en generación o transmitidas a los destinatarios sin procedimientos legales formales para demostrar la propiedad, plantean desafíos importantes para las personas, las familias y las comunidades. Las propiedades identificadas en ese informe son aquellas cuyos propietarios aparecían en los datos de los Tasadores de Impuestos de la Ciudad de 2023 pero habían fallecido entre 2014 y 2022.

Continúa en la pág.6

Detroit Future City Releases New Report
Keeping Your Family Home

Detroit Future City (DFC) released "Keeping Your Family Home: Addressing the Challenges of Inherited Properties in Detroit." This report was developed to gain an understanding of challenges around the intergenerational transfer of homes in Detroit to preserve family wealth and stability.

Heirs' properties—defined as family-owned property inherited through generations or passed on to recipients without formal legal proceedings to prove ownership— pose significant challenges to individuals, families, and communities. The properties identified in this report are those whose owners were listed in the 2023 City's Tax Assessors' data but had died between 2014 and 2022.

People living in heirs' properties may not even be aware that they do not legally own their home until they find themselves looking to access crucial homeownership resources. It can be difficult, or even impossible, for an individual living in an Heirs' Property to sell the property, borrow money against its equity, or obtain homeowners insurance as these homes often face barriers to accessing important city and county financial aid programs.

cont. on pg.6

Thousands of properties in Detroit are passed on from deceased family members to their heirs without proper legal documentation. Photo credit Curbed Detroit

FEMA Opens Disaster Recovery Centers in Detroit Metro Area

Several FEMA Disaster Recovery Centers will open at 8 a.m. in Wayne County Feb. 27 to help residents in Eaton, Ingham, Ionia, Kent, Livingston, Macomb, Monroe, Oakland and Wayne counties kickstart their recovery after the August 24-26, 2023, severe storms, tornadoes and flooding.

Specialists from FEMA and the U.S. Small Business Administration at the center can help survivors apply for federal disaster assistance, upload documents, learn about ways to make their property more disaster resistant and get their questions answered in person.

Assistance in languages other than English, including American Sign Language (ASL), and translated materials are available at the centers. Disaster Recovery Center locations are chosen for their accessibility, with the goal of reaching as many people as possible. Accessible parking spaces are available.

cont on pg.2

Michigan Recovery Update

DR-4757: Severe Storms, Tornadoes and Flooding

Feb. 27, 2024 ***ISSUE 2***

KEY FACTS

- More than $9.18 million has been approved for 3,683 households.
- 5,887 home inspections have been completed.
- Disaster Survivor Assistance crews have visited more than 12,400 homes.
- The deadline to apply for assistance is Monday, April 8, 2024.

KEY MESSAGES

- Michigan residents in Eaton, Ingham, Ionia, Kent, Livingston, Macomb, Monroe, Oakland and Wayne counties with property damage from the Aug. 24-26, 2023 severe storms, tornadoes and flooding can apply for FEMA assistance.
- If you already made repairs or started your recovery, you can still apply. FEMA inspectors are trained to recognize damage caused by a disaster even after recovery has started.
- Renters can apply for assistance. FEMA's assistance programs are designed to help you with basic, critical needs such as a safe, sanitary and accessible place to live. These programs are available to renters, including students.

HOW TO APPLY

DisasterAssistance.gov 800-621-3362
Disaster Recovery Center FEMA App

DISASTER RECOVERY CENTERS

FEMA Disaster Recovery Centers are your one-stop shop for recovery assistance.

Centers are open 8 a.m. to 6:30 p.m. Monday to Saturday. Closed Sundays.

Ingham County
Northeast Ingham Emergency Services Authority
1296 W. Grand River Ave.
Williamston, MI 48895
Closing permanently 6:30 p.m., Saturday, March 2

Macomb County
Chesterfield Township Fire Department Central Station
33991 23 Mile Road
Chesterfield, MI 48047

Wayne County
Gibraltar City Hall
29450 Munro St.
Gibraltar, MI 48173
Closing permanently 6:30 p.m., Saturday, March 2

Wayne County Community College Downriver Campus
21000 Northline Road
Taylor, MI 48180

Canton Human Services Building
50430 School House Road
Canton, MI 48187

Eaton County
Lansing Community College – West Campus
5708 Cornerstone Dr.
Lansing, MI 48917
Closing permanently 6:30 p.m., Saturday, March 2

FEMA Helpline: 800-621-3362 **Web: fema.gov/disaster/4757**
DRC locator: Visit fema.gov/drc **X: twitter.com/femaregion5**

FEMA

Gateway Signage Coming to Southwest Detroit

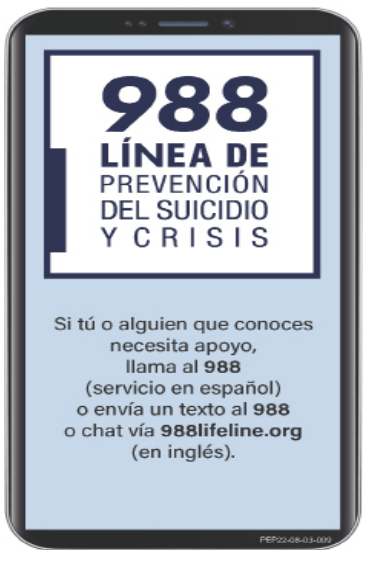
ACTUAL rendering of what the Detroit Gateway sign will look like once installed along EB I-94 between Central Ave and Cecil Ave.

Southwest Detroit has long been a point of entry for newcomers to our city, whether it was by boat (think early settlers), by train, bus or auto (think Great Migration North). Today, we can add to the list, "by air" (via Metro Airport). The City of Detroit has unveiled its plans to erect a huge welcoming sign for visitors arriving to our fair city along the I-94 route from Metro Airport to downtown Detroit. And, where exactly will the sign be placed? Where else other than in Southwest Detroit on eastbound I-94 between Central Ave and Cecil Ave!

The 10' tall letters spelling out "DETROIT" and a "Welcome to Detroit" sign are currently being fabricated by Fairmont Sign Company in Northeast Detroit. The permanent illuminated Gateway signage will be installed in mid-March in time to welcome hundreds of thousands of visitors to Detroit for the NFL Draft on April 25-27.

Thank you, NFL, for staging this "super" popular event in our city, and of course, we have to add, GO LIONS!

Visit EL CENTRAL's Facebook page to let us know if you like the sign or if you think it's over the top @elcentralmedia


988
LÍNEA DE
PREVENCIÓN
DEL SUICIDIO
Y CRISIS
Si tú o alguien que conoces necesita apoyo, llama al 988 (servicio en español) o envía un texto al 988 o chat vía 988lifeline.org (en inglés).

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Detroit Athletic Club Hockey Program Continues Support for Clark Park Youth Hockey

Story by Steve Grapsas, DAC Sports Director. Photos by Bill Deuparo

The Detroit Athletic Club (DAC) Hockey Program once again demonstrated its commitment to supporting local youth hockey with a festive event at Clark Park ice rink. On Saturday, February 24th, families enjoyed a day filled with hockey, delicious food from Los Dos Amigos taco truck, and an open skate session. The event, a beloved tradition in the DAC Hockey community, showcased the power of unity and collaboration.

DAC Hockey has announced its return to Clark Park in 2025, scheduled for Saturday, January 25th. The event serves as a testament to the program's dedication to fostering youth development and community engagement in Detroit.

FEMA Opens Disaster Recovery Centers in Detroit Metro Area

Con't from pg. 1

All recovery centers are open 8 a.m. – 6:30 p.m., Monday to Saturday; closed Sundays.

The centers will open at 8 a.m. Feb. 27 at these locations:

Wayne County (South East): Opening 8 a.m., Tuesday, Feb. 27, at:

Wayne County Community College Downriver Campus
21000 Northline Road
Taylor, MI 48180

Wayne County (Canton West Central) Opening 8 a.m., Tuesday, Feb. 27, at:

Canton Human Services Building
50430 School House Road
Canton, MI 48187

Additional centers are open at these locations:

Macomb County: Opened 8 a.m. Friday, Feb. 23, at:

Chesterfield Township Fire Department Central Station
33991 23 Mile Road
Chesterfield, MI 48047
Open until further notice.

Additional recovery centers will be opening soon. To find the center nearest you, visit FEMA.gov/DRC. Survivors may visit any center for assistance.

Survivors do not need to visit a Disaster Recovery Center to apply for FEMA assistance. To apply without visiting a center, call the FEMA Helpline at 800-621-3362 between 7 a.m. and 11 p.m., go online to DisasterAssistance.gov or download the FEMA App. If you use a relay service such as video relay service, captioned telephone service or others, give FEMA your number for that service when you apply.

The deadline to apply for assistance is April 8, 2024.

For more information about the disaster recovery operation in Michigan, visit www.fema.gov/disaster/4757.

Michigan Actualización sobre el estado de la recuperación

DR-4757: Tormentas severas, tornados e inundaciones

21 de febrero de 2024 ***NÚMERO 1***

NOVEDADES CLAVES

- Se han aprobado más de$3.2 millones en fondos para 947 hogares.
- Se han completado más de 2,140 inspecciones de viviendas.
- Equipos de Asistencia por Desastre han visitado más de 3,000 hogares.
- La fecha límite para solicitar asistencia es el lunes 8 de abril de 2024.

INFORMACIÓN IMPORTANTE

- Los residentes de Michigan en los condados Eaton, Ingham, Ionia, Kent, Livingston, Macomb, Monroe, Oakland y Wayne, que hayan sufrido daños en sus viviendas debido a las tormentas severas, tornados e inundaciones del 24 al 26 de agosto de 2023, pueden solicitar asistencia de FEMA.
- Si ya ha realizado reparaciones o ha iniciado su proceso de recuperación, todavía puede solicitar ayuda. Los inspectores de FEMA están capacitados para reconocer los daños causados por un desastre incluso después de que haya comenzado la recuperación.
- Los Equipos de Asistencia a Sobrevivientes del Desastre de FEMA están trabajando en Michigan, visitando hogares, negocios y organizaciones sin fines de lucro en las áreas afectadas.

¿CÓMO PRESENTARAR UNA SOLICITUD?

800-621-3362

DisasterAssistance.gov/es

Aplicación movíl de FEMA

CENTROS DE RECUPERACIÓN POR DESASTRE

Los Centros de Recuperación por Desastre de FEMA son instalaciones accesibles y oficinas móviles que están a su disposición para obtener información detallada sobre FEMA y otros programas de asistencia en caso de desastre. También puede solicitar asistencia o hacer preguntas sobre su caso.

Los Centros de Recuperación por Desastre están ubicados en lugares convenientes y accesibles.

Los Centros de Recuperación por Desastre de Michigan abrirán pronto. Manténgase informado sobre las novedades y consulte la herramienta de búsqueda de Centros de Recuperación por Desastre:

fema.gov/DRC

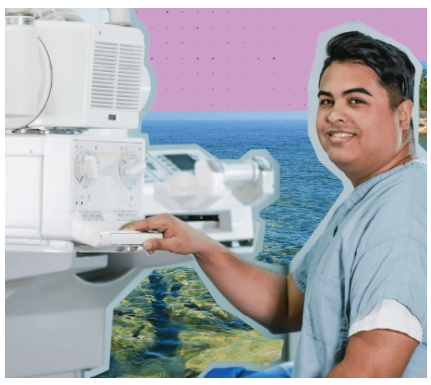
Línea de ayuda de FEMA: 800-621-3362
Herramienta de búsqueda de Centros de Recuperación por Desastre (DRC): Visite fema.gov/drc
Sitio web: fema.gov/es/disaster/4757
X: twitter.com/femaregion5

MI Student Aid Offers Scholarship Money

7 out of 10 Students May Be Eligible for Michigan Achievement Scholarship

Michigan Achievement Skills Scholarship

Michigan needs people to go into professional trades, where they can make great money while making a great difference. The new Michigan Achievement Skills Scholarship has been launched to help students get started.



The Michigan Achievement Skills Scholarship offers up to $4,000 over two years for graduating high school students to attend an eligible career training program in Michigan.

This skills scholarship offers another pathway to the Michigan Achievement Scholarship launched last year, providing students financial assistance to attend an eligible Michigan college or university.

Students cannot participate in both pathways in the same academic year, however, students who graduate from the Skills Scholarship could still be eligible to attend a College or University and pursue an associate degree, bachelors degree or skill certificate with the Michigan Achievement Scholarship.

To learn more and view a list of programs eligible to receive these scholarship funds visit-Michigan.gov/Achievement.

To be eligible for the Michigan Achievement Skills Scholarship, applicants must:

- Be a Michigan resident for at least the immediately preceding year.
- Have graduated from high school in Michigan with a diploma or a certificate of completion or achieved a high school equivalency certificate in 2023 or after.
- Have not yet earned an associate or bachelor's degree.
- Have not yet earned a degree, certificate or other credential with this scholarship.

The Michigan Achievement Scholarships help recent graduates from high schools in Michigan receive funds for continuing education. Eligible students could receive financial aid to attend a college or university with the Michigan Achievement Scholarship, or for a career training program with the Michigan Achievement Skills Scholarship.

Michigan Achievement Scholarship

Governor Gretchen Whitmer announced that starting in 2023, students with a high school diploma, certificate of completion, or high school equivalency can apply for the Michigan Achievement Scholarship and lower their cost of college by thousands of dollars a year. Students should talk to their parents or guardians, gather documents, and fill out their Free Application for Federal Student Aid (FAFSA) as soon as possible in order to take advantage of this scholarship opportunity.

Students will be eligible if their family demonstrates financial need* when they complete the Free Application for Federal Student Aid (FAFSA).

High school seniors or students earning their high school equivalency or certificate of completion in 2023 can get started by filing the FAFSA.

Visit michigan.gov/achievement for program information, frequently asked questions and more.

**Financial need is defined as an Expected Family Contribution (EFC) of $25,000 or less.*

Students who are eligible for the Michigan Achievement Scholarship may receive more financial aid from the State of Michigan:

- Up to $2,000 if they attend an eligible private training provider in Michigan, per year, up to two years
- Up to $2,750 if they attend a community college, per year, up to three years.
- Up to $5,500 if they attend a public university, per year, up to five years.
- Up to $4,000 if they attend a private college or university, per year, up to five years.

Visit michigan.gov/achievement for full program details. • MI Student Aid, P.O. Box 30462, Lansing, MI 8909-7962 • 888-447-2687

Filling out the new simplified FAFSA could mean:
• Up to $27,500 awarded in scholarship money
• $1.35M in increased earnings over the student's lifetime, compared with those without a college degree
• Your student entering college with less stress and less debt
7 out of 10 students may be eligible — Fill out the FAFSA today!
LEARN MORE
michigan.gov/mistudentaid
MICHIGAN ACHIEVEMENT SCHOLARSHIP
MI Student Aid
*Social Security Administration

A partir de la promoción de 2023 de la secundaria, los estudiantes serán elegibles para recibir más ayuda financiera del estado de Michigan.

Programa de capacitación para las carreras	→	Hasta $2.000 por año, durante dos años
Instituciones comunitarias o tribales de educación superior	→	Hasta $2.750 por año, durante tres años.
Instituciones de educación superior independientes y Universidades	→	Hasta $4.000 por año, durante cinco años.
Universidades públicas	→	Hasta $5.500 por año, durante cinco años

Requisitos de elegibilidad

- Presentar una Solicitud gratuita de ayuda estudiantil federal (FAFSA, por sus siglas en inglés).
- Obtener un diploma o certificado de finalización de secundaria a partir de 2023 en Michigan.
- Tener una contribución familiar estimada (EFC, por sus siglas en inglés) de $25.000 o menos según FAFSA.
- Inscribirse a tiempo completo en una institución elegible de Michigan dentro de los 15 meses posteriores a completar la secundaria.

Michigan students who graduated from high school in 2023 or after may be eligible for the Michigan Achievement Scholarship

Career Training Program	→	Up to $2,000, per year, for two years
Community/Tribal Colleges	→	Up to $2,750, per year, for three years
Independent Colleges and Universities	→	Up to $4,000, per year, for five years
Public Universities	→	Up to $5,500, per year, for five years

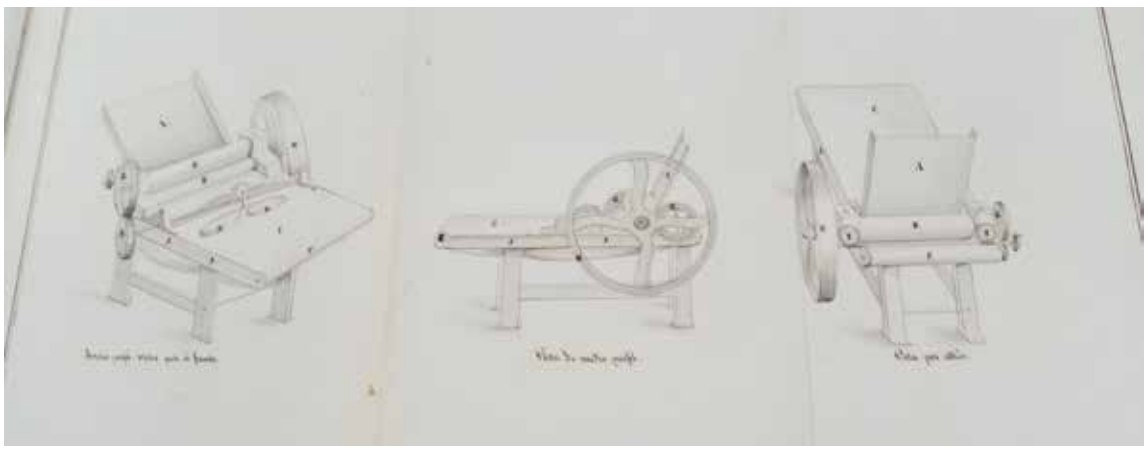
Eligibility Requirements

- File a Free Application for Federal Student Aid (FAFSA).
- Earn a high school diploma or certificate of completion in 2023 or later in Michigan.
- For Academic Year 2024-25, have a Student Aid Index (SAI) of $30,000 or less. 2023-24 students, have an Expected Family Contribution (EFC) of $25,000 or less.
- Enroll full-time at an eligible Michigan institution within 15 months of completing highschool.

Special World's Cultures

History Of The Tortilla Factory

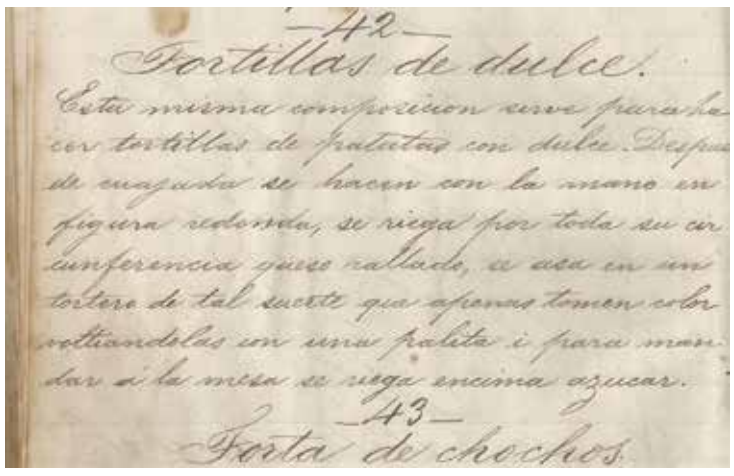
History Of The Tortilla Factory



Thinking about Mexican culture brings with it undoubtedly thinking about corn tortillas, and from this their many derivatives for traditional Mexican food.

Although the most important part regarding the culture of corn and corn is carrying out nixtamalization, which is the culinary process that makes it possible for the corn grain to be used for food consumption.

The origin of the word Nixtamal comes from the Nahuatl nextli, which means "Ashes", and Tamalli: "Cooked corn", since this process involves cooking it in Lime stone or Ash that develops a chemical reaction that leads to the detachment of the husk from the grain. , giving access to the soft part so that it can be consumed, whether in Pozole, Menudo or other broths, or, taken to grinding and therefore to the dough/masa.



—42—

Tortillas de dulce.

Esta misma composicion sirve para hacer tortillas de patatas con dulce. Despues de cocidas se hacen con la mano en figura redonda, se riega por toda su circunferencia queso rallado, se asa en un tortero de tal suerte que apenas tomen color volteandolas con una paleta i para mandar a la mesa se riega encima azucar.

—43—

Torta de chochos

Once you have the dough/masa comes the possibility of making countless dishes and drinks, we can find some with raw dough or others with the dough in different shapes for cooking, whether fried, boiled, steamed, in sauce, or to the comal.

We could say that the tortilla and the tamales are part of the most representative, because with the tortilla you not only have access to an accompaniment, but it is part of main dishes: we could make tacos, chilaquiles, enchiladas, tortilla soup, enfrijoladas, tlalpeño broth , Aztec cake, quesadillas, among others.

In daily life, access to tortillas is increasingly easier, since we must remember that in ancient times the processing of corn was an activity managed by women, who were in charge of doing the nixtamalization, after which the grinding on the metate, to then torte or make the tortillas by hand, since at that time there was not even a press.

As the centuries passed and the need to incorporate the Mexican diet into modernity put pressure on the development of specialized machinery, since the mills that were used for other grains did not work with corn due to the thickness and softness of its consistency, for so the women continued to grind Metate, the ancient method.

By the end of the 19th century, the Mexican government, after years of promoting the development of a machine, managed to get different inventors to join this effort, creating the first tortilla machines. However, these machines did not manage to soon be incorporated into Mexican life, since They faced the next problem, taste. The machines, due to their industrial nature, made the tortillas thinner and more accessible to the population, as well as making the lives of women easier, but the flavor was not the same, which led to the rejection of the families. However, Communities where only men were found in this machinery an opportunity for consumption.

The Mexican government was concerned about the women, since the effort they devoted themselves to took them more than five hours a day, as well as exhaustion. So, with health campaigns they were promoting change.

As the years went by, women took the use of mills as their first opportunity to lighten their lives, where men began to take part in operating the machinery. Some women left the nixtamal made overnight, strained it early in the morning, and took it to the mill at five in the morning and returned with the dough ready to bake before their families went to work. And little by little the woman, as well as their families were getting used to it.

This change made a big difference, not only in quality of life, but also in health. The tortillas preserved the nutrients of the corn, as well as the nixtamalization process with the calcium and potassium provided by the lime, and the acceptance of society.

Decades later, the machinery became increasingly common and a standardization of the price was reached, so that the Mexican government developed the unit price of a kilo of tortilla, which currently in Mexico is $24 pesos for tortillería.

Tell them you saw it in Diles que lo viste en
EL CENTRAL
Hispanic News

ESPECIAL CULTURAS DEL MUNDO

Historia de la tortillería

Historia de la tortilla de máquina

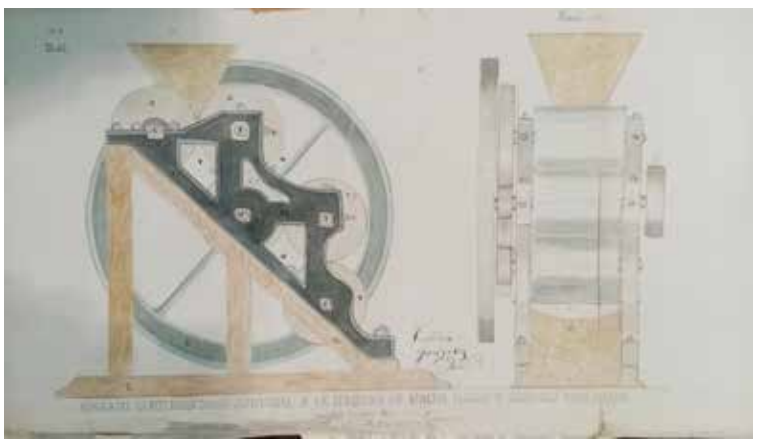
Pensar en la cultura mexicana trae consigo pensar en indudablemente en las tortillas maíz, y de ésta sus muchos derivados para la tradicional comida mexicana.

Si bien la parte más importante con respecto a la cultura del elote y el maíz es llevar a cabo la nixtamalización, que es el proceso culinario

que permite que sea posible que el grano de maíz pueda usarse para su consumo alimentición.

El origen de la palabra Nixtamal proviene del náhuatl nextli, que significa "Cenizas", y Tamalli: "Maíz cocido", ya que este proceso implica su cocción en Cal o Ceniza que desarrolle una reacción química que lleva al desprendimiento de la cascarilla del grano, dando acceso a la parte blanda para que sea posible su consumo, ya sea en pozole, menudo u otros caldos, o bien, llevar a la molienda y por ende a la masa.

Una vez que se tiene la masa viene la posibilidad de hacer un sinnúmero de platillos y bebidas, podemos encontrar algunos con la masa en crudo u otros con la masa en diferentes formas para su cocción ya sea frita, hervida, al vapor, en salsa, al comal.



La tortilla y los tamales podríamos decir son parte de lo más representativo, pues con la tortilla no sólo se tiene acceso a un acompañamiento, sino es parte de platillos principales: podríamos hacer tacos, chilaquiles, enchiladas, sopa de tortilla, enfrijoladas, caldo tlalpeño, pastel azteca, quesadillas, entre otros.

En la vida cotidiana el acceso a las tortillas es cada vez más fácil, pues debemos recordar que en tiempos antiguos la relación del maíz era una actividad al manejo de las mujeres, quienes estaban a cargo de hacer la nixtamalización, posterior a esto la molienda en el metate, para luego tortear o hacer las tortillas a mano, pues en ese entonces ni siquiera había prensa.

Con el paso de los siglos y la necesidad por incorporar la alimentación de los mexicanos a la modernidad presionó al desarrollo de maquinaria especializada, pues los molinos que se utilizaban para otros granos no funcionaban con el maíz debido al espesor y suavidad de su consistencia, por lo que las mujeres seguían llevando a cabo la molienda a Metate, el método antiguo.

Para finales del siglo XIX el gobierno mexicano después de años de promover el desarrollo de una máquina, logró que diferentes inventores se sumaran a este esfuerzo, creando las primeras máquinas tortilladoras, no obstante, estas máquinas no lograron incorporarse pronto a la vida mexicana, pues se enfrentaron con el siguiente problema, el gusto. Las máquinas hacían que las tortillas sí, fueran más delgadas y accesibles para la población, así como facilitar la vida de las mujeres, mas el sabor no era el mismo, lo que llevaba al rechazo de las familias, no obstante, comunidades donde sólo se encontraban hombres, hallaron en esta maquinaria una oportunidad de acceso al consumo.

El gobierno de México estaba preocupado por las mujeres, pues el esfuerzo al que se entregaban ellas les tomaba más de cinco horas diarias, así como agotamiento. De manera que con campañas de salud fueron propiciando el cambio.

Con el paso de los años, las mujeres tomaron como primera oportunidad para aligerar su vida el uso de los molinos, donde los hombres comenzaron a incorporarse en el manejo de la maquinaria. Algunas mujeres dejaban el nixtamal hecho durante la noche, lo colaban entrada la madrugada, para a las cinco de la mañana llevarlo al molino y volver con la masa listas para tortear antes de que sus familias fueran al trabajo.

Este cambio hizo una gran diferencia, no sólo en la calidad de vida, sino también en la salud. Las tortillas conservaban los nutrientes propios del maíz, así como del proceso de nixtamalización con el calcio y potasio que proveía la cal, y la aceptación de la sociedad.

Décadas más tarde, la maquinaria se fue haciendo cada vez más común y se llegó a una estandarización del precio, de manera que el gobierno mexicano desarrollo el precio unitario del kilo de tortilla, que actualmente en México es de $24 pesos de tortillería.

Sigue cada semana en **EL CENTRAL Hispanic News** nuestro

ESPECIAL CULTURAS DEL MUNDO,

by Mariana Ayón RV

Keeping Your Family Home

Con't from pg. 1

The report and accompanying primer serve as resources for Detroit residents, advocates, and families that define heirs' properties and outline actionable next steps Detroiters and policymakers can take to resolve the issue of inherited properties in Detroit, prevent future incidences, and protect their family homes.

The "Keeping Your Family Home" report provides the following key insights:

· There are more than 5,500 heirs' properties in the city worth $270 million, indicating the potential for significant loss of wealth for long-time Detroiters if the issue persists.

· They are found in the highest concentration in the Boynton, Bagley, Airport Sub, and Schaefer 7/8 Lodge neighborhoods.

· There are 215 heirs' properties in census tracts that had a median home sale price of at least $150,000 as of 2021.

· About 9% (496) of all inherited properties in the city are at immediate risk of tax foreclosure this year.

"Keeping Your Family Home" builds upon an extensive portfolio of housing and income and wealth building research conducted by Detroit Future City's Center for Equity, Engagement and Research, including publications and reports focused on challenge and opportunities to mortgage originations, single-family home redevelopment and small-dollar mortgages.

The report was developed with research support from Data Driven Detroit and was funded by the Gilbert Family Foundation whose mission is to build opportunity and equity for Detroiters.

"Homeownership is both an important vehicle for building generational wealth and a place to provide stability for a family," said Anika Goss, DFC CEO. "As Detroit works to grow the middle class and close economic equity gaps, we need a better understanding of how to preserve and increase homeownership, and 'Keeping Your Family Home' contains critical data to help stakeholders develop the programming we need."

"Detroit Future City's research reveals an important, but underreported vulnerability to housing stability in Detroit," said Laura Granneman, Executive Director, Gilbert Family Foundation. "Too many Detroit residents are losing out on the stability and equity of homeownership because they lack the legal resources to negotiate the complex probate process. We look forward to working with stakeholders around the city to act on these findings."

The research was also supported by a collaboration of non-profit, philanthropic and public stakeholders including United Community Housing Coalition, Michigan Legal Services, Lakeshore Legal Aid, the Gilbert Family Foundation, the City of Detroit, and the Wayne County Treasurer's Office.

For more information, visit www.DetroitFutureCity.com and to view the full report, visit https://detroitfuturecity.com/data_reports/keeping-your-family-home/

About Detroit Future City

Detroit Future City is a think-and-do tank that coordinates strategies, actions, and resources to catalyze long-term revitalization, improve economic equity and enhance quality of life in Detroit. The organization is organized into three departments - Land Use and Sustainability, Community and Economic Development, and the Center for Equity, Engagement, and Research – with a 17-member staff and 16-member board of directors.

DFC was launched in May 2013 to advance the recommendation of the DFC Strategic Framework, a 50-year vision for the City of Detroit. In January 2016, Detroit Future City became an independent nonprofit.

Manteniendo su casa familiar

Con't de pg. 1

Es posible que las personas que viven en propiedades heredadas, ni siquiera sepan que no son los propietarios legales de su casa hasta que se encuentren buscando acceso a recursos cruciales de la vivienda. Puede ser difícil, o incluso imposible, para una persona que vive en una propiedad heredada venderla, hipotecarla u obtener un seguro de propiedad, ya que estas casas a menudo enfrentan barreras para acceder a importantes programas de ayuda financiera de la ciudad y el condado.

El informe y el manual que lo acompaña sirven como recursos para los residentes, defensores y familias de Detroit definiendo las propiedades de los herederos y describiendo los próximos pasos viables que los habitantes de Detroit y los formuladores de políticas pueden tomar, para resolver el problema de las propiedades heredadas en Detroit, prevenir incidentes futuros y proteger a esas familias.

El informe "Mantenga a su familia en casa" proporciona las siguientes ideas:

• Hay más de 5.500 propiedades heredadas en la ciudad por un valor de 270 millones de dólares, lo que indica la posibilidad de una pérdida significativa de riqueza para los antiguos residentes de Detroit si el problema persiste.

• Se encuentran en mayor concentración en los vecindarios de Boynton, Bagley, Airport Sub y Schaefer 7/8 Lodge.

• Hay 215 propiedades heredadas en zonas censales con un precio de venta promedio de al menos $150,000 en 2021.

• Alrededor del 9% (496) de todas las propiedades heredadas en la ciudad están en riesgo inmediato de que se quite el título de propiedad si no se pagan los impuestos.

"Mantenga a su familia en casa" se basa en una amplia investigación realizada por el Centro para la Equidad, el Compromiso y la Investigación de Detroit Future City, incluyendo publicaciones sobre ingresos y creación de dividendos; informes centrados en los desafíos y oportunidades del origen de las hipotecas y la reurbanización de viviendas unifamiliares y pequeñas hipotecas.

El informe se desarrolló con el apoyo de investigación de Data Driven Detroit y fue financiado por la Gilbert Family Foundation, cuya misión es generar oportunidades y equidad para los habitantes de Detroit.

"La propiedad de una vivienda es un vehículo importante para generar riqueza generacional y una forma de brindar estabilidad a una familia", dijo Anika Goss, directora ejecutiva de DFC. "Mientras Detroit trabaja para hacer crecer la clase media y cerrar las brechas de equidad económica, necesitamos una mejor comprensión de cómo preservar y aumentar la propiedad de vivienda, y "Mantenga a su familia en casa" contiene datos críticos para ayudar a las partes interesadas a desarrollar la programación que necesitamos".

"La investigación de Detroit Future City revela una vulnerabilidad importante, pero no reportada, a la estabilidad de la vivienda en Detroit", dijo Laura Granneman, directora ejecutiva de Gilbert Family Foundation. "Demasiados residentes de Detroit están perdiendo la estabilidad y la equidad de la propiedad de vivienda porque carecen de los recursos legales para negociar el complejo proceso sucesorio. Esperamos trabajar con las partes interesadas de la ciudad para actuar sobre estos hallazgos".

La investigación también contó con el apoyo público, filantrópico y sin fines de lucro, incluyendo United Community Housing Coalition, Michigan Legal Services, Lakeshore Legal Aid, Gilbert Family Foundation, la ciudad de Detroit y la Oficina de Tesorería del Condado de Wayne.

Para obtener más información, visite https://detroitfuturecity.com/y para ver el informe completo, visite https://detroitfuturecity.com/data_reports/keeping-your-family-home/

EL CENTRAL
HISPANIC NEWS

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EL CENTRAL informs and celebrates Metro Detroit's Hispanic and Latino community and Southwest Detroit in particular and supports the professional development of local reporters and photographers who seek to enter the journalism profession.

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FOOD AND DRINK

Florida Margaritas

Ingredients
- 1 tablespoon kosher salt
- 2 lime wedges, plus more, to taste, for garnish
- 2 cups ice
- 1 orange, peeled and diced, frozen, plus more, sliced, for garnish
- 2 ounces silver tequila
- 1 ounce orange liqueur
- 1 cup orange juice
- 1 ounce fresh lime juice
- 1 ounce agave syrup

Ready In:
5 minutes

Step 1 -
Spread the salt on a small plate.
Step 2 -
Rub the rims of two glasses with the lime wedges.
Step 3 -
Dip the glass rims in the salt.
Step 4 -
Combine the ice, the frozen orange pieces, the tequila, the orange liqueur, the orange juice, the lime juice, and the agave syrup in a blender.
Step 5 -
Purée the margarita mixture until smooth.
Step 6 -
Divide the margarita mixture between the prepared glasses.
Step 7 -
Garnish the glasses with the orange slices and the lime wedges and serve.

Grilled Rosemary Garlic Pork Chops

Ingredients
- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- 4 cloves garlic, crushed
- 2 tablespoons fresh rosemary, chopped
- salt, to taste
- black pepper, to taste
- 8 (1 inch thick) pork chops

Ready In:
5 hours and 30 minutes

Step 1 -
Combine the olive oil, balsamic vinegar, garlic, rosemary, salt, and black pepper in a shallow pan.
Step 2 -
Add the pork chops and toss well with the mixture to coat evenly.
Step 3 -
Let the pork marinate in the mixture refrigerated for 4 hours, then return to room temperature before grilling.
Step 4 -
Grill over medium-high heat for about 20 minutes.

ENTRETENIMIENTO

Exatlón All-Stars coroño a Susana Abundiz como campeona de la competencia llevándose medio millón de dólares

Exatlón All-Stars culminó su octava temporada por Telemundo, la casa de los realities, cuando su conductor Frederik Oldenburg anunció a Susana Abundiz como la campeona de la competencia deportiva #1 de la TV hispana en una final en vivo de costa a costa nunca vista. Familiares y amigos de la ganadora y los tres finalistas del exitoso reality que ha roto record de audiencia, incluyendo a Kelvin Noé "El Vaquero" Rentería, Caterine Ibargüen y Emmanuel Jáquez, celebraron el momento cuando a Abundiz se le entregó el codiciado trofeo y el medio millón de dólares, la cantidad más grande jamás otorgada en la TV hispana de los Estados Unidos. Exatlón Estados Unidos regresa este año a Telemundo con una novena temporada.

Esta campeona de la sexta temporada, Susana Abundiz, inició Exatlón All-Stars como integrante del Equipo Azul y logró nuevamente su sueño en coronarse como la campeona de esta octava edición. Nacida en El Paso, Texas, Abundiz cumplió su anhelo de convertirse en una jugadora profesional al firmar con el Club América. Desde el inicio de esta octava edición, se encontró preparada para retomar la competencia deportiva demostrando su gran fuerza física y mental en los numerosos circuitos y desafíos que le tocó enfrentar. Este triunfo demuestra que es una atleta que con trabajo y esfuerzo ha logrado sus objetivos.

La octava edición de Exatlón All-Stars, el reality más longevo de Telemundo, contó con el regreso de campeones y subcampeones que volvieron a pisar las arenas de la famosa competencia deportiva. Cada uno de ellos puso a prueba una vez más su fuerza física y mental enfrentando la mayor cantidad de circuitos y desafíos. En esta temporada, a los competidores les tocó convivir los momentos más dramáticos fuera de las arenas, permitiendo que los televidentes conocieran al humano detrás del atleta y fueran testigos de toda la dinámica existencial entre ellos tanto en la versión lineal como en las plataformas digitales y sociales.

La audiencia puede ponerse al día con los episodios de Exatlón All-Stars a través del app de Telemundo disponible en Google Play Store y en Apple Store o visitar Telemundo.com. El contenido exclusivo se pueden encontrar en ExatlonEU.com, la app de

Telemundo, en YouTube @ TelemundoEntretenimiento, además de Facebook.com/ ExatlonEstadosUnidos, Instagram @ ExatlonEstadosUnidos y X @ExatlonTVEEUU, @TelemundoRealities y @Telemundo usando #ExatlonAllStars.

Exatlón All-Stars fue producida por AcunMedya para Telemundo bajo la producción ejecutiva de Francisco "Cisco" Suárez, vicepresidente ejecutivo de Primetime Non-Scripted Programming, junto a Mauricio Quintana y Fabio Rojas como productores ejecutivos.

ACERCA DE NBCUNIVERSAL TELEMUNDO ENTERPRISES:

NBCUniversal Telemundo Enterprises lidera la industria de los medios en la producción y distribución de contenidos en español para los hispanos de Estados Unidos y las audiencias del mundo entero. La compañía sirve a los hispanos de Estados Unidos a través de su cadena nacional de televisión, la cadena de cable Universo y plataformas digitales que incluyen la aplicación Telemundo y servicios de streaming, como Peacock, entre otros. La cadena Telemundo ofrece contenidos de entretenimiento, noticias y deportes en español que llegan al 95% de los hogares hispanos de Estados Unidos en 210 mercados, a través de 30 emisoras propias y 61 estaciones afiliadas. Telemundo también es propietaria de una emisora independiente en Puerto Rico. Telemundo es el hogar exclusivo en español para los Estados Unidos de los dos eventos deportivos más populares del mundo, la Copa Mundial de la FIFA y los Juegos Olímpicos, así como de la Liga Premier y del equipo de fútbol mexicano las Chivas. Telemundo Global Studios, la productora número uno de contenidos de ficción en FIN español en Estados Unidos, incluye Telemundo Television Studios, Telemundo Streaming Studios y Underground Producciones. Tplus, la nueva marca de contenido de Telemundo en Peacock, presenta programación desarrollada para todo el espectro de Hispanos. NBCUniversal Telemundo Enterprises es una división de NBCUniversal, una subsidiaria de Comcast Corporation.

Evaluna y Camilo están esperando a su segundo bebé

Evaluna y Camilo, quien recientemente reflexionó sobre cómo ha sido esta etapa familiar, decidieron agrandar su familia este año. La pareja hizo el anuncio oficial, y ahora, la pequeña Índigo, de casi dos años, se convertirá en hermana mayor.

El pasado 7 de febrero, los cantantes hicieron dos anuncios importantes; el primero, el lanzamiento de su nuevo tema juntos, y el segundo quedó en incógnita. Por esa razón, sus fieles seguidores aseguraron que se trataba de un nuevo embarazo y ¡acertaron!

A través de sus redes sociales, Evaluna y Camilo compartieron un video con el siguiente mensaje: "Este poema me lo escribió Camilo antes de enterarnos que estábamos esperándote".

"En un vuelo de Madrid a Miami empezamos a imaginarte con nombre y un par de semanas después supimos que ya nos venías acompañando", agregaron.

"Qué ilusión nos da conocerte. Tu hermana mayor ya te quiere cuidar. Amaranto, nos sentimos honrados de ser tus papás. Gracias Dios por el privilegio de ser su hogar. Oficialmente los Echeverri-Reglero somos cuatro", finalizaron los cantantes.

En cuestión de minutos, el post se llenó de miles de likes y buenos deseos para la siguiente 'dulce espera'. Entre las reacciones más esperadas estuvo la del padre de Evaluna, el cantante Ricardo Montaner, quien emocionado escribió: "Y el abuelito llorando de amor", y agregó un emoji de corazón color naranja.

Por su parte, Camilo comentó: "Cuando escuchamos el corazón de Amaranto, era tan fuerte y tan rítmico, que Índigo gritó: 'Caballo', Somos cuatro".

Recordemos que, en octubre de 2021, los cantantes lanzaron el tema 'Índigo', y de manera

conjunta, a través del video musical se dio a conocer la noticia del embarazo de su primer bebé. En la grabación, Evaluna mostró su pancita de embarazo.

Es por ello que, cuando se empezó hablar de su nuevo sencillo 'PLIS', los fans de ambos sospecharon que el tema venía acompañado de hermosa noticia del hermanito o hermanita de Índigo, y ahora, hasta sabemos el nombre que le darán al nuevo integrante: Amaranto.

Sin duda, este feliz comunicado del segundo bebé de Evaluna, de 26 años, y Camilo, de 29, se da en medio de un gran momento para toda la familia. ¡Felicidades!

ENTRETENIMIENTO

Alfredo Adame y Ariadna Gutiérrez se lanzan fuertes palabras a quemarropa y sin contemplaciones

Sin duda alguna, esta nueva temporada de La Casa de los Famosos de Telemundo ha sido una de las más intensas y en la que se han presenciado diferentes enfrentamientos, pero el que acaban de protagonizar Alfredo Adame y Ariadna Gutiérrez se convirtió en uno de los más intensos y directos de esta nueva edición.

Adame volvió a ser el centro de atención luego de su más reciente posicionamiento en donde se le dejó ir con todo a Ariadna Gutiérrez a quien le aseguró que "no servía para nada" dentro del programa, palabras que comenzaron a encender los ánimos y aunque los dos guardaron la compostura, eso no evitó que se dijeran sus verdades a quemarropa.

"Ariadna, no sirves para nada, no has aportado absolutamente nada, ni rating, ni contenido. Lo único que sabes hacer es llevar chismes, inyectarnos veneno para conflictuar personas. Eres una presumida, eres una engreída, eres una mujer muy aburrida sin carisma ni personalidad y eres el claro ejemplo del 'dime de qué presumes y te diré qué padeces",

le dijo Alfredo a la modelo.

Pero Gutiérrez no se quedó callada y respondió de manera directa: "No sabía que mi presencia te incomodaba tanto. Antes de entrar a esta casa no tenía idea de quién eras. Solamente los chismes que traía le gente de afuera y los vine a conocer dentro de la casa. Me pareciste un caballero los primeros días, pero lastimosamente lo que puedo conocer fue un hombre lleno de tristeza y rencor", dijo Ariadna.

Y no sólo eso, la reina de belleza fue muy contundente y finalizó su discurso con unas afiladas frases: "Ojalá algún día retomes la relación con tu familia, con tus hijos... que ni ellos te quieren", terminó diciendo Ariadna, dejando a Adame con el coraje en el rostro, pero no le quedó de otra que aguantarse las ganas y posicionarse detrás de Ariadna.

Carlos Gómez: los detalles sobre el momento crucial que llevó a su expulsión de La Casa de los Famosos

La Casa de los Famosos 4 ha sido testigo de una serie de polémicas desde su inicio, pero ninguna tan impactante como la expulsión de Carlos Gómez este 26 de febrero. En un giro inesperado, este episodio marcó un hito en la historia del programa al ser la primera expulsión en sus cuatro temporadas.

El ambiente ya estaba cargado de tensión tras las salidas voluntarias de Thalí García y Gregorio Pernía, así como la intensa disputa entre Lupillo y Adame que llevó las discusiones a niveles inesperados de gritos y groserías. Sin embargo, lo que sucedió esta noche superó todas las expectativas.

La gala no solo anunció la eliminación de Sophie, del cuarto Fuego, sino que también reveló un enfrentamiento que terminaría en la expulsión de Carlos Gómez. El conflicto se desató durante una discusión entre Clovis y La Melaza, después de la dinámica de posicionamiento. Rodrigo Romeh intentaba mediar para evitar el contacto físico entre los participantes

cuando Carlos Gómez le propinó un golpe en el rostro.

La Jefa, tras revisar detalladamente las imágenes, tomó la decisión de expulsar a Carlos por infringir una regla fundamental del programa: la prohibición absoluta de la violencia física. En un comunicado directo en el confesionario, Carlos fue informado de su expulsión inmediata.

La noticia se extendió rápidamente entre los habitantes de la casa y el público. La Jefa hizo hincapié en la gravedad del incidente y en la importancia de respetar los límites establecidos en el programa. Esta expulsión, sin precedentes en las temporadas anteriores, marca un punto de inflexión en la historia del reality.

Pro Boxing Event At Wayne State !!!

EL CENTRAL HISPANIC NEWS SPORTS

Sports Editor: Dan Graschuck/ EL CENTRAL

This past Tuesday, February 20th, pro boxing promoter Dmitriy Salita of Salita Promotions, held a pro boxing event at Wayne State University.

Around 1,500 fans turned out to the event at Wayne State.

The Big Time Boxing USA event, at Wayne State featured 5 bouts with local boxers taking part.

The results of the bouts are:

bout One:

Da'Velle Smith (Dearborn, MI; Now 8-0; 6 KOs) defeats Rolando Wenceslao Mansilla (Argentina; 19-13-1; 8 KOs) by way of unanimous decision on Tuesday night at the Wayne State Field House in Detroit, MI.

bout Two:

Joseph "Sug" Hicks Jr. (Grand Rapids, MI; Now 10-0; 7 KOs) defeats Ricardo Ruben Villalba (Buenos Aires, Argentina; Now 20-11-1) by way of TKO 42 seconds into the fourth round.

bout Three - Co-Main Event:

Ali Izmailov (Detroit, MI; Now 12-0 w/ 8 KOs) defeats Britton Norwood (Las Vegas, NV; Now 13-5-1) at the 1:28 mark of the fourth round by way of TKO in the co-main event.

bout Four - Main Event:

Ardreal Holmes Jr. (Flint, MI; Now 15-0; 6 KOs) defeats Marlon Harrington (Detroit, MI; Now 10-2; 9 KOs) by way of TKO at the 1:25 mark in the second round, claiming the USBA Super Welterweight Championship.

bout Five - TV Swing Bout:

Juan Hernandez Martinez (Gomez Palacio, Durango, Mexico) shocks the crowd and fans of local favorite, Cameran Pankey (Pontiac, MI; Now 9-1), defeating Pankey by a narrow decision of 57-56 at Salita Promotions Big Time Boxing event at WSU Field House in Detroit, MI on Feb. 20, 2024.

Photos below are highlights from Big Time Boxing USA.

Photos provided by Adam J. Dewey and Salita Promotion

Da'Velle Smith (Dearborn, MI; Now 8-0; 6 KOs) defeated Rolando Wenceslao Mansilla (Argentina; 19-13-1; 8 KOs) by way of unanimous decision. Smith is seen with promoter Dmitriy Salita of Salita Promotions

Joseph "Sug" Hicks Jr. (Grand Rapids, MI; Now 10-0; 7 KOs) defeated Ricardo Ruben Villalba (Buenos Aires, Argentina; Now 20-11-1) by way of TKO 42 seconds into the fourth round. Hicks Jr. is seen with promoter Dmitriy Salita of Salita Promotions

Ali Izmailov (Detroit, MI; Now 12-0 w/ 8 KOs) defeats Britton Norwood (Las Vegas, NV; Now 13-5-1) at the 1:28 mark of the fourth round by way of TKO in the co-main event.. Izmailov is seen with promoter Dmitriy Salita of Salita Promotions

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Juan Hernandez Martinez (Purple and black trunks, Gomez Palacio, Durango, Mexico, now 3-3-2) shocks the crowd and fans of local favorite, Cameran Pankey (black trunks, Pontiac, MI; Now 9-1), defeating Pankey by a narrow decision of 57-56 on all 3 judges cards

Juan Hernandez Martinez (Purple and black trunks, Gomez Palacio, Durango, Mexico, now 3-3-2) shocks the crowd and fans of local favorite, Cameran Pankey (black trunks, Pontiac, MI; Now 9-1), defeating Pankey by a narrow decision of 57-56 on all 3 judges cards

MLS (MESSI) IS BACK!

EL CENTRAL HISPANIC NEWS SPORTS

Pateando la No. 5

The country's top division kicked off last week by showcasing the world's best player. To get things going, Inter Miami had its own opening game in midweek. They defeated Real Salt Lake 2-0 without much difficulty. Lionel Messi, embarking on his first full season in the league, played a key part in both goals. He followed that up by producing a stoppage time equalizer in Los Angeles to give Inter Miami a draw against the rebuilt Galaxy. That game featured a host of celebrity spectators who probably had never been to a Major League Soccer game, but had to be seen in the same stadium as Lionel Messi.

The league has built its current phase of operations around Messi. But, he is going to have significant commitments in addition to the league. Inter Miami qualified for the CONCACAF Champions Cup and will join that tournament during the round of 16. Argentina has several friendly games coming as well, meaning that Messi will miss the March 23 away game at the New York Red Bulls and will miss several more games during the Copa America. After playing El Salvador and Nigeria during the March international window, the current World Cup and Copa America champions will be playing Ecuador and Guatemala in early June. That will mean more missed games with his club.

With all the hype surrounding one player, it's easy to forget that the Columbus Crew lifted MLS Cup last December. The Crew opened defense of their title with a 1-0 over Atlanta United. They have brought back nearly their entire championship winning team. That includes Colombian striker Cucho Hernandez, who hit the winner against Atlanta, and US Olympic team goalkeeper Patrick Schulte. Supporters Shield winners FC Cincinnati started their 2024 season with a 0-0 draw against Toronto. Cincinnati does not have their top striker from last season, because they accepted a large bid from Monterrey in Liga MX. Brandon Vazquez moved south of the border and has tallied five goals already for his new club.

Messi and Inter Miami will have plenty of other competition in the Eastern Conference from the Philadelphia Union, Orlando SC, and Nashville. MLS executives are certainly hoping for Messi magic to lead Miami to every trophy, so they can capitalize on the mania surrounding the Argentine legend. The rest of the league has been relegated to the role of supporting cast. But, every player on every other team is going to want to prove himself against Miami, making Messi's job over the course of a long, hot season more difficult.

It's not all Messi, all the time, though. The season began with the dark cloud of a labor dispute. After a Collective Bargaining Agreement for the referee's union was rejected by 95% of the league's officials, MLS locked out the union and brought in replacement referees. These referees have been recruited from the USL and college ranks to officiate games at the highest level in the USA and Canada. The issues are pay, of course, and travel accommodations. The dispute has spilled over into social media, with both sides trying to appeal to the court of public opinion. Management is destined to lose that battle.

As usual, many teams have rebuilt their squads during the offseason. There are a multitude of new managers, too. Several have been recycled. Chris Armas has returned from an undistinguished stint in England to take over Colorado. He hasn't been successful in MLS before and opened with a 4-1 loss against Portland. Caleb Porter, MLS Cup winner with Portland and Columbus, has replaced Bruce Arena with the New England Revolution. Former Aston Villa manager Dean Smith, no relation to the famous North Carolina basketball coach, has taken over at Charlotte FC. Phil Neville has resurfaced at Portland after serving as the pre-Messi coach in Miami. Toronto brought in John Herdman, who led Canada to their second ever World Cup in 2022. Former US international forward Frank Klopas has once again stepped in to lead the Chicago Fire. Minnesota doesn't even have a coach yet, but they have recruited one from Manchester United's back room staff and he is supposed to arrive in March.

The league has started year 2 of its 10 year agreement with Apple TV, so there will be few league games on television. Fox has the sub-license to show games over the air; otherwise fans will need a subscription to see Messi play MLS games. The CONCACAF Champions Cup games are on Fox or Univision. 2024 looks like an interesting year for MLS with the referee lockout and the ongoing dispute surrounding the clubs' participation in the US Open Cup. Combine that with the Messi circus crisscrossing the country and there will be no shortage of talking points.

Upcoming Boxing Events !!!

EDITORIAL OPINION

"Republicans Loved Immigrants, 1861; Republicans Hate Immigrants, 2024"

By Raoul Lowery Contreras

Should immigrants to America, past and present, fear election day, November 5, 2024?

Republicans this year are not the Republicans of 1861 when the U.S was attacked by Southern Democrats in April, 1861, with firing upon a federal Ft. Sumner in Charleston Harbor, Ft. Sumner.

President Lincoln asked for soldiers to fight for the United States and its survival. Of hundreds of thousands of Union soldiers, the largest army in history organized to save the country, almost exactly half were immigrants or sons of immigrants. They were loved by the U.S.

Immigrants may be in trouble. Not just illegal immigrants but legal ones may suffer as well. How will Trump's federalized National Guard know who is legal and who is illegal? Proof beyond a reasonable doubt? Or "He/she looks illegal!" which might describe the majority of 63 million U.S. Hispanics.

Issue #1 for both parties is Immigration.

So where did immigration fit into the 1860 campaign? Immigrants overwhelmingly supported the Republican Party though few were citizens and couldn't vote. The true manifestation of their mass anti-slavery feeling was what they did when the Civil War started in April of 1861. Army records show that almost 50% of the entire Union Army and Navy were immigrants or sons of immigrants. No wonder Republicans loved immigrants. In the east,Germans and Irish dominated entire divisions and regiments but they weren't alone.

Mexican American citizens who were Mexican citizens 12 years before served in Union forces. Two regiments in New Mexico were formed from these former Mexican citizens. They fought two battles in New Mexico and drove the Confederates back to Texas to never return.

In California, Republican Governor Leland Stanford organized the California Militia for the Union Army. He commissioned an all Mexican -- former Mexican citizens -- regiment of "Native Cavalry" and appointed Republican State Controller Romauldo Pacheco as it's commanding officer. Brigadier General Romauldo Pacheco was the highest ranking Hispanic in Union land forces. Admiral David Farragut was the highest ranking Navy officer which also made Admiral Farragut the highest ranking Hispanic naval officer.

Despite the record number of immigrants and their sons in Civil War service of the United States, Republican congressmen spent the rest of the 19th century establishing an anti-immigrant regime that started by banning Chinese in 1882. While Europeans were allowed to flood into the U.S. the Chinese were stopped as were Japanese by President Teddy Roosevelt's "Gentlemen's Agreement" that limited Japanese immigrants.

There were some inconsistencies, however. The Republican U.S. Supreme Court did not challenge the 13th, 14th and 15th Amendments that freed Negro slaves and -- on paper -- allowed them to vote but it gutted the civil rights of newly freed Negro slaves in 1896 in the Plessy v. Ferguson case.

The court sentenced the American Negro -- all millions of them -- to a century of blatant discrimination that was highlighted by segregation, sublimation of voting and civil rights, lynchings better described as terror and mass murder by the Ku Klux Klan. The Court, however, did well two years after Plessy.

In a lengthy decision on the citizenship of a young man who was born in San Francisco of Chinese parents, the court flatly and clearly declared that the 14th Amendment to the Constitution that was ratified in 1868 clearly stated Mr. Wong Kim Ark was a natural born U. S. citizen by virtue of the Amendment's first sentence; to wit: "All persons born or naturalized in the United States and subject to the jurisdiction thereof, are citizens of the United States and of the state wherein they reside."

Donald J. Trump is promising that on his first day of his "new" Presidential term he will issue an Executive Order declaring that no child born to a mother in the country illegally is a natural born citizen. Will that fly? Most constitutional scholars, including me, don't think it will because the language is so clear that it is impossible to define it in any other way than anyone born in the U.S is a citizen, period.

There were, however, three exceptions to the clear language of the court's decision but "illegal residency" of the mother was not one; they were -- a child born to a diplomat, a child born on a foreign flagged ship in U.S. waters and a child whose father was a foreign military invader.

Historians will remember that Trump made the same declaration when he became President on January 20, 2017. Nothing came of that promise. Nothing will come of this Trump declaration.

Opinions in this column are not necessarily those of the Publisher or Editor

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HISPANIC NEWS

Salud/*Health*

What Foot and Ankle Issues Warrant a Doctor's Visit

(StatePoint) Most people have a foot or ankle problem at one time or another. So how do you know when to seek help?

Many symptoms—even those you can tolerate—require the professional attention of a foot and ankle surgeon to keep the underlying condition from worsening. According to Danielle Butto, DPM, FACFAS, a board-certified foot and ankle surgeon and a Fellow Member of the American College of Foot and Ankle Surgeons (ACFAS), "It's important to remember that foot health is an important part of your overall health. You need to take care of your feet, which includes going to the doctor when you have pain, sustain an injury or develop a condition needing professional evaluation and treatment."

Here are five examples of when you should make an appointment with your foot and ankle surgeon.

1. When you have diabetes: Living with diabetes means being more prone to a variety of conditions that affect the feet, including foot sores and ulcers. At the same time, diabetic nerve damage makes it harder to detect when there's a problem. Regular visits to a foot and ankle surgeon should be part of your holistic diabetes treatment plan. The doctor can screen for the loss of protective sensations in the feet, as well as diagnose and treat any structural issues leading to ulcers and wounds. Swelling, temperature and color changes in the feet, and calluses, are all telltale signs an ulcer may be around the corner and warrant a trip to a foot and ankle surgeon.

2. When children experience pain: When it comes to pediatric foot problems, early intervention is key to long-term successful treatment. As a parent, you may find distinguishing between growing pains and injuries or deformities difficult. But foot and ankle surgeons stress that pain isn't normal and if it lasts more than a few days or is severe enough to limit your child's walking, it should be evaluated. Foot problems commonly experienced by children include flat feet, ingrown toenails, calcaneal apophysitis and plantar warts.

3. When you're at risk for falling: Falls have become the leading cause of injury deaths among Americans 65 and older, according to the Centers for Disease Control and Prevention. While the reasons falls occur are numerous, painful foot conditions are a contributing factor, as they make it difficult to maintain balance and coordination. Fortunately, many such conditions are treatable. See a foot and ankle surgeon to alleviate pain and reduce your risk of a life-changing fall.

4. When you can benefit from medical advances: A loss of cartilage once meant a loss of functionality. Today, joint reconstruction surgery with cartilage regeneration offers real hope for long-term functionality, nurturing the body's own ability to heal itself—with a little boost from technology and a knowledgeable surgeon. Likewise, new surgical techniques for ankle arthritis, including arthroscopic ankle surgery, total ankle joint replacements and bone or cartilage replacement, are helping people stay active. Finally, platelet-rich plasma

therapy can promote the healing of bones, cartilage, blood vessels, tendons and tissue for many patients, and is associated with easier recovery than traditional treatments. If you suffer from a foot and ankle ailment, ask your healthcare provider about game-changing medical advances.

5. When pain is sidelining you: It's important for athletes and fitness enthusiasts to rest and recover rather than push through foot and ankle pain caused by an overuse injury. If the pain doesn't improve in three to seven days however, it's time to see a foot and ankle surgeon for evaluation and treatment.

With the highest level of education, training and board certification, foot and ankle surgeons are the leaders in surgical and non-surgical foot and ankle care. For more information, or to find a foot and ankle surgeon near you, visit FootHealthFacts.org, the patient education website of the American College of Foot and Ankle Surgeons.

Qué problemas de pie y tobillo justifican una visita al médico

(StatePoint) La mayoría de las personas tienen un problema en el pie o el tobillo en algún momento. Entonces, ¿cómo sabes cuándo buscar ayuda?

Muchos síntomas, incluso aquellos que usted puede tolerar, requieren la atención profesional de un cirujano de pie y tobillo para evitar que la afección subyacente empeore. Según Danielle Butto, DPM, FACFAS, cirujana de pie y tobillo certificada y miembro del Colegio Americano de Cirujanos de Pie y Tobillo (ACFAS), "Es importante recordar que la salud del pie es una parte importante de su salud general. . Debe cuidar sus pies, lo que incluye acudir al médico cuando tenga dolor, sufra una lesión o desarrolle una afección que requiera evaluación y tratamiento profesional".

Aquí hay cinco ejemplos de cuándo debe programar una cita con su cirujano de pie y tobillo.

1. Cuando se tiene diabetes: Vivir con diabetes significa ser más propenso a sufrir una variedad de afecciones que afectan los pies, incluidas llagas y úlceras. Al mismo tiempo, el daño a los nervios de la diabetes hace que sea más difícil detectar cuándo hay un problema. Las visitas periódicas a un cirujano de pie y tobillo deben ser parte de su plan de tratamiento integral de la diabetes. El médico puede detectar la pérdida de sensaciones protectoras en los pies, así como diagnosticar y tratar cualquier problema estructural que provoque úlceras y heridas. La hinchazón, los cambios de temperatura y color en los pies y los callos son signos reveladores de que una úlcera puede estar a la vuelta de la esquina y justifican una visita a un cirujano de pie y tobillo.

2. Cuando los niños experimentan dolor: cuando se trata de problemas pediátricos en los pies, la intervención temprana es clave para un tratamiento exitoso a largo plazo. Como padre, puede resultarle difícil distinguir entre dolores de crecimiento y lesiones o deformidades. Pero los cirujanos de pie y tobillo enfatizan que el dolor no es normal y que si dura más de unos pocos días o es lo suficientemente intenso como para limitar la capacidad de caminar de su hijo, se debe evaluar. Los problemas de los pies que suelen experimentar los niños incluyen pie plano, uñas encarnadas, apofisitis del calcáneo y verrugas plantares.

3. Cuando corre riesgo de caerse: Las caídas se han convertido en la principal causa de muerte por lesiones entre los estadounidenses de 65 años o más, según los Centros para el Control y la Prevención de Enfermedades. Si bien las razones por las que ocurren las caídas son numerosas, las condiciones dolorosas del pie son un factor que contribuye, ya que dificultan el mantenimiento del equilibrio y la coordinación. Afortunadamente, muchas de estas afecciones se pueden tratar. Consulte a un cirujano de pie y tobillo para aliviar el dolor y reducir el riesgo de sufrir una caída que le cambie la vida.

4. Cuándo puede beneficiarse de los avances médicos: Una pérdida de cartílago alguna vez significó una pérdida de funcionalidad. Hoy en día, la cirugía de reconstrucción articular con regeneración del cartílago ofrece una esperanza real de funcionalidad a largo plazo, fomentando la propia capacidad del cuerpo para curarse a sí mismo, con un pequeño impulso de la tecnología y un cirujano experto. Asimismo, las nuevas técnicas quirúrgicas para la artritis del tobillo, incluida la cirugía artroscópica del tobillo, los reemplazos totales de la articulación del tobillo y el reemplazo de huesos o cartílagos, están ayudando a las personas a mantenerse activas. Finalmente, la terapia con plasma rico en plaquetas puede promover la curación de huesos, cartílagos, vasos sanguíneos, tendones y tejidos para muchos pacientes, y se asocia con una recuperación más fácil que los tratamientos tradicionales. Si sufre una dolencia en los pies y los tobillos, pregúntele a su proveedor de atención médica acerca de los avances médicos revolucionarios.

5. Cuando el dolor te está marginando: Es importante que los atletas y entusiastas del fitness descansen y se recuperen en lugar de soportar el dolor de pie y tobillo causado por una lesión por uso excesivo. Sin embargo, si el dolor no mejora en tres a siete días, es hora de consultar a un cirujano de pie y tobillo para su evaluación y tratamiento.

Con el más alto nivel de educación, capacitación y certificación de la junta, los cirujanos de pie y tobillo son líderes en el cuidado quirúrgico y no quirúrgico de pie y tobillo. Para obtener más información o encontrar un cirujano de pie y tobillo cerca de usted, visite FootHealthFacts.org, el sitio web de educación para pacientes del Colegio Americano de Cirujanos de Pie y Tobillo.

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